



Eric Twiname Junior Championships 2025

Notice of Race and Sailing Instructions

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3rd – 5th May 2025

Plas Heli Sailing Club

Quick Reference

This page "Quick Reference" is not a rule, does not form part of the NoR/SIs, and is intended solely as an aid to competitors. Competitors should fully read the Sailing Instructions and Notice of Race. Any discrepancy on this page will not be ground for redress. This page can be updated without a notice for competitors.

- Noticeboard Link:
[RYA Racing Events - Eric Twinline Championships 2025](#)
- Saturday
 - Registration @ 08:30-9:30
 - Competitor Briefing @ 10:30
 - First Race Start @ 12:00
- Sunday
 - Competitor Briefing @09:30
 - First Race @ 10:30
- Monday
 - Competitor Briefing @09:30
 - First Race @ 10:30
 - Last Race Start @ 14:45
- Racing Formats
 - Short-course – Under 10 minutes.
 - Long-course - 15 minutes, fleet racing. New variations on courses
- Courses – for the Short-course and Long-course formats the courses will be published in the Course Pack.
- Aim is for 2 sessions each day. A session will consist of either:
 - 2-3 long-course races
 - 4-6 short-course races
- All starts are 3 minute sequences
- Up to 3 Discards depending on race count
- Course code will be shevent
- Don't forget to TALLY

| Class | Flag |
|-------|------------|
| 3.5 m | 3.5 |
| 5.0 m | 5.0 |
| 5.8 m | 5.8 |
| 6.8 m | 6.8 |
| 7.8 m | 7.8 |



Introduction

The Organising Authority is the Techno Class UK & Royal Yachting Association (RYA)

The Host Venue is Plas Heli Sailing Club.

Classes for this event include: 3.5m, 5.0m, 5.8m, 6.8m and 7.8m.

Please note that for 2025 the Dinghy Classes will be running at the main venue at Rutland Sailing Club.

The notation '[SP]' in a rule means that a standard penalty for a breach of the rule may be applied by the Race Committee without a hearing.

The notation '[NP]' in a rule means that a board may not protest another board for breaking that rule. This changes RRS 60.1(a).

Event Basics

1. Rules

- 1.1 The event is governed by the rules as defined in The Racing Rules of Sailing.
- 1.2 Supplemental Sailing Instructions (SSI) will be published and may change or supplement rules in these NoR/SI
- 1.3 The rules and byelaws of Plas Heli Sailing Club may apply.

2. Changes to Sailing Instructions

- 2.1 Any change to the sailing instructions will be posted at least 20 minutes before the D Flag signal of the race or races affected, except that any change to the schedule of races will be posted by 20:00 on the day before it will take effect.
- 2.2 Questions on sailing instructions may be emailed to admin@techno293.org.uk
- 2.3 Questions and answers will be posted to the Official Notice Board at the event and the RYA racing events website.

3. Communications

- 3.1 Notices to competitors will be posted on the official notice board located at: <https://t293uk.ourclubadmin.com/event/218>
- 3.2 The race office is located at: Plas Heli Sailing Club.
- 3.3 [DP] While racing, except in an emergency, a board shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boards.

4. Eligibility and Entry

- 4.1 Eligible boards may enter by registering online on the event website by Sunday 27th April 2025
- 4.2 Entries will be given on a first come first served basis.
- 4.3 Windsurfer (3.5m, 5.0m & 5.8m rig) Open mast/boom and a sail that must have a maximum of 6 battens and 2 cams.



- 4.4 Windsurfer 3.5m Fleet may use **any board** but shall have a daggerboard, although sailors are encouraged to use a Techno 293.
- 4.5 Windsurfer (Techno 6.8m & 7.8m rig) Age limitations within the International Techno Class Rules apply.
- 4.6 Windsurfer U19 Techno Open Fleet (U19 fleet register in the 7.8m class).
- 4.7 Entries shall comply with the Transgender and Non-Binary RYA Competition Eligibility Policy found at <https://www.rya.org.uk/racing/british-youth-sailing/policies-and-guidance>
- 4.8 Late entries may be accepted when written approval has been received from the Organising Authority (Techno Class UK).
- 4.9 To be considered an entry in the event, a board shall complete all registration requirements and pay all fees.
- 4.10 The RYA Regional and Home Country teams are:
 - a) Scotland
 - b) North
 - c) East
 - d) London and South East
 - e) South
 - f) South West
 - g) Midlands
 - h) Wales
 - i) Northern Ireland

5. Fees

- 5.1 Standard entry fees are entirely funded by the Eric Twiname Trust.
- 5.2 Late Entries will incur an admin fee of £15.

6. Crew Limitations (Intentionally Blank)

7. Advertising

- 7.1 [NP] [DP] Boards will be required to display advertising chosen and supplied by the organising authority.
- 7.2 Position of Fleet Identification Stickers will be provided at registration. Sticker Location on Techno Rigs – Above boom at CLEW. Sticker Location On other rigs Near CLEW

8. Format of Racing

- 8.1 The event may consist of short-course and long-course racing.
- 8.2 The intention is to sail both formats over the course of the event on the basis of wind conditions and forecast and it is at the discretion of the Race Committee. This is not ground for redress. This changes RRS 61.4(b)(1)

9. Code of Conduct

- 9.1 [NP] [DP] Competitors and support persons shall comply with reasonable requests from race officials.
- 9.2 [NP] [DP] [SP] Competitors and support persons shall handle any equipment or place advertising provided by the organising authority with care, seamanship, in



accordance with any instructions for its use and without interfering with its functionality.

10. Signals made Ashore

- 10.1 Signals made ashore will be displayed at the Plas Heli signal mast outside the race office on Balcony.
- 10.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 15 minutes' in Race Signals AP
- 10.3 [SP] No board shall leave the shore until Flag D over the boards class flag is displayed with two sound signals.
- 10.4 The warning signal will be made not less than 20 minutes after flag D is displayed.
- 10.5 [NP] [SP] Numeral 3 means 'Every competitor shall wear a wetsuit or drysuit while afloat. A wetsuit is defined as a neoprene garment covering at least the shoulder, torso, and legs.'

11. Schedule

- 11.1 All competitors shall register at Plas Heli Sailing Club on arrival between 08:30 and 10:00 on Saturday 3rd May. We encourage competitors to register as soon as they arrive on site. Tally numbers will be issued at Registration.
- 11.2 The main event briefing for all competitors will take place at the club house. Details will be made available online prior to the event.
- 11.3 There will be a competitor briefing to the Eric Twiname Championships hosted by Plas Heli Sailing Club at 10:30 in the club house.
- 11.4 The scheduled time of the first warning time will not be before 11:55 on the first day of racing and 10:25 on subsequent days
- 11.5 To alert boards that a race or sequence of races will begin soon, the orange starting flag will be displayed with one sound at least five minutes before a warning signal is made.
- 11.6 On the last scheduled day of racing no warning signal for a new sequence of starts will be made after 14:57, except because of a general recall, in which case no warning signal will be made after 15:12.

12. Equipment Inspection

- 12.1 Boards and personal equipment may be inspected at any time.

13. Clothing and Equipment

- 13.1 RRS 40.1 shall apply at all times whilst afloat

14. Venue

- 14.1 Races will be sailed in the vicinity of Plas Heli Sailing Club.
- 14.2 Other venue rules, and site map can be found in Addendum A and B.



On the Water

15. Class Flags

15.1 The Class Flags are:

| Class | Flag |
|-------|-----------|
| 3.5 M | 3.5M Flag |
| 5.0 M | 5.0M Flag |
| 5.8 M | 5.8M Flag |
| 6.8M | 6.8M Flag |
| 7.8M | 7.8M Flag |

16. Racing Area

- 16.1 The location of the racing area is dependent on the conditions; however, approximate likely course area position is shown in Addendum B.
- 16.2 3.5M fleet will be racing from the beach area in front of the Sailing Club.

17. Courses

- 17.1 A separate Course Pack document is available on the Official Notice board.
- 17.2 The Course Pack contains diagrams that show the courses for the short-course and long-course races, the order in which marks are to be passed and the side on which each mark is to be passed.
- 17.3 The Course Pack may be added or modified in accordance with the “Change to Sailing Instructions” detailed in these NoR/SIs where the course diagram and designation may also be provided through a Notice to Competitors on the noticeboard.
- 17.4 The Course Pack may also detail additional rules that apply only to certain courses, in which case these rules apply from the preparatory signal until the race has finished.
- 17.5 No later than the preparatory signal, course signals will be displayed on a board on the start line committee vessel.
- 17.6 If a gate mark is missing and has not been replaced by an object displaying M flag, the remaining mark shall be rounded to port. This changes RRS 34.

18. Marks

- 18.1 Course marks will be inflatable dumpy buoys. Course marks will be Yellow with Red with a Black Stripe used as the windward mark for the 5.0M/5.8M classes.
- 18.2 The starting marks will be a race committee vessel (including any buoy, object or boat attached to it) and either an orange dan buoy with an orange flag or a race committee vessel displaying an orange flag
- 18.3 The finishing marks will be between a race committee vessel (including any buoy, object or boat attached to it) and either a blue dan buoy with a blue flag or a committee vessel displaying a blue flag.
- 18.4 A vessel that is a mark may not be anchored, but held in place by the use of an engine. This will not be grounds for request of redress, provided the vessel remains close to her correct position. This changes RRS 61.4(b)(1)

19. Obstructions (Intentionally Blank)

20. The Start

20.1 Races will be started as follows:

| Minutes before starting signal | Visual Signal | Sound Signal | Mean |
|--------------------------------|--------------------------|--------------|--------------------|
| 3 | Class flag | One | Warning Signal |
| 2 | P, I, U or black flag | One | Preparatory Signal |
| 1 | Preparatory flag removed | One long | One Minute |
| 0 | Class flag removed | One | Starting Signal |

This changes RRS 26, B3 26.1 and B3 26.2.

20.2 The starting line is between staff displaying orange flag on the committee vessel and orange mark.

20.3 [DP] [NP] Boards whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.

20.4 A board that does not start within 4 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.

21. Changes of the next leg of the Course

21.1 To change the next leg of the course, the race committee will move the original mark (or the finishing line) to a new position.

21.2 Minor mark moves (up to approximately 5 degrees and/or 10% in length) may be made without signalling the change. This changes RRS 33.

22. The Finish

22.1 The finishing line is between staff displaying blue flags on the finishing mark.

22.2 [DP] [NP] After finishing and clearing the finishing line, boards shall keep clear of the finishing area and of all boards not yet finished.

22.3 The Race Committee may give a score to any board that is still racing by displaying flag W to her from an official vessel (which may be in motion) with two sounds. A board's score in these circumstances will be the place she would have received had she sailed the course and finished within any time limit, without gaining or losing any place. She is no longer required to complete the course. This changes RRS 28.1.

23. Penalty System

23.1 Appendix T (Arbitration) applies. Decisions from Arbitration can be referred to the protest committee but cannot be reopened or appealed.

24. Time Limits and Target Times

- 24.1 The Target Race Time, Mark 1 Time Limit, Race Time Limit (see RRS 35), and the Finishing Window are shown in the table below.

| Course Type | Target Race Time | Mark 1 Time Limit | Race Time Limit | Finishing Window |
|--------------|------------------|-------------------|-----------------|------------------|
| Short-course | 10 minutes | 5 minutes | 20 minutes | 10 minutes |
| Long-course | 25 minutes | 15 minutes | 35 minutes | 10 minutes |

- 24.2 If no board has passed the first mark within the Mark 1 Time Limit, the race will be abandoned.
- 24.3 The Finishing Window is the time for boards to finish after the first board sails the course and finishes. Boards which have started but fail to finish within the Finishing Window, and who were not finished according to SI 22.3 and who were not subsequently retiring, penalized or given redress will be scored Time Limit Expired (TLE) without a hearing. A board scored TLE shall be scored points for the finishing place two more than the points scored by the last board that finished within the Finishing Window or according to SI 22.3, except that her score will not be worse than a DNS. This changes RRS 35, A5.1, A5.2 and A10.
- 24.4 Failure to meet the Target Time will not be grounds for redress. This changes RRS 61.4(b)(1).

Other Event Regulation

25. Hearing Requests

- 25.1 Boards intending to lodge a protest relating to a racing incident shall inform the finish committee vessel.
- 25.2 The protest time limit is 45 minutes after the last board of their class has finished the last race of the day on their course, or the race committee signals no more racing today, whichever is later. This changes RRS 60.3(b) and 62.2.
- 25.3 Hearing requests forms are available from the race office.
- 25.4 Notices will be posted no later than 15 minutes after the protest time limit to inform competitors of hearing in which they are parties or named as witnesses.

26. Scoring

- 26.1 1 race is required to be completed to constitute a series.
- 26.2 A board's series score will be the total of her race scores excluding her worst score(s) as follows:
- When fewer than 3 races have been completed, a board's series score is the total of her race scores.
 - When from 3 to 6 races have been completed, a board's series score is the total of her race scores excluding her worst score.
 - When from 7 to 10 races have been completed, a board's series score is the total of her race scores excluding her two worst scores.



- d) When 11 or more races have been completed, a board's series score is the total of her race scores excluding her three worst scores.

26.3 Team Scoring

- a) Fictitious entries will be created for Regional/Home country teams having less than the required boats/boards per class as indicated below, and they shall be scored DNC for all races.
- b) **Windsurfers Region/Home Country Team Scoring**
 - i. The windsurfer class Region/Home country team scores will be the sum of the team's series rankings for their best two windsurfers in that class from which a windsurf class Region/Home country team ranking will be generated.
- c) **Dinghies Region/Home Country Team Scoring**
 - i. Topper Region/Home country team scores will be the sum of the team's series rankings for their best four boats in that class from which a dinghy class Region/Home country team ranking will be generated.
 - ii. ILCA 4 Region/Home country team scores will be the sum of the team's series rankings for their best 3 boats in that class from which a dinghy class Region/Home country team ranking will be generated.
 - iii. RS Tera Sport, RS Tera Pro, RS Feva & Optimist Region/Home country team scores will be the sum of the team's series rankings for their best two boats in that class from which a dinghy class Region/Home country team ranking will be generated.
- d) **ET Dinghy Award**
 - i. The overall dinghy Region/Home country team scores will be the sum of Topper and ILCA 4 plus two other dinghy classes Region/Home country class team rankings from which an overall dinghy Region/Home country team ranking will be generated.
- e) **ET Shield (overall)**
 - i. The overall RYA Eric Twiname Region/Home country team scores will be the sum of ET Dinghy Trophy & the ET Windsurfing Cup team rankings, from which an overall RYA Eric Twiname Championship Region/Home country team ranking will be generated. (This will be announced after the events.)
- f) **Ties**
 - i. If there is a tie between two or more Region/Home country teams, each Region/Home country class team rankings shall be listed in order of best to worst, and at the first point(s) where there is a difference the tie shall be broken in favour of the team(s) with the lowest ranking(s).
 - ii. If a tie remains between two or more Region/Home country teams, each Region/Home country's class team scores shall be listed in order of best to worst, and at the first point(s) where there is a difference the tie shall be broken in favour of the team(s) with the lowest score(s).



27. Safety Regulations [DP] [NP] [SP]

- 27.1 Check-Out and Check-In Procedures (“Tally System”). The requirements of this instruction are specified for the safety of competitors.
- a) The tally control point to check-out and check-in competitors will be located outside the front of Plas Heli which will be on the Beachside of the clubhouse on the ground floor.
 - b) Tallies comprise of colour-coded numbered rubber wristbands. Numbers will be allocated at registration. Tallies shall be worn visibly, over clothing, at all times while afloat.
 - c) Sailors shall individually check-out before racing by personally collecting their tally.
 - d) Sailors shall individually check-in immediately on returning to shore after racing, but no later than the protest time limit, by returning the tally personally to tally control.
 - e) The penalty for failure to comply with this instruction will be 5 points added to the board’s series score for each infringement without a hearing. Infringements will be posted on the official notice board before the protest time limit, or 15 minutes afterwards for infractions of (d).
- 27.2 Boards shall follow the instructions of Official Vessels. Infringements will be reported to the race committee, which may protest the board. Boards are warned that the protest committee may decide that a breach of this instructions amounts to a breach of RRS 2.
- 27.3 When the race committee consider that a board, its equipment, or crew are not adequate for the existing or anticipated conditions, or that a board or crew member is in difficulty, it may instruct the board or crew not to launch, or to retire or to sail ashore or to accept outside help. The board and crew shall comply with such instructions without delay.
- 27.4 A board that retires from a race shall notify the race committee and safety crews as soon as possible.

28. Replacement of Crew or Equipment [DP] [NP]

- 28.1 [DP] [NP] Substitution of damaged or lost equipment is not allowed unless authorised by the race committee. Requests for substitution shall be made at the first reasonable opportunity.

29. Equipment and Measurement Checks

- 29.1 A board or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water or ashore, a board can be instructed by the Technical Committee to proceed immediately to a designated area for inspection.
- 29.2 [DP] [NP] A board shall comply with any reasonable request made by the Technical Committee
- 29.3 [NP] A breach of a Class Rule shall not be grounds for protest by another board. This changes RRS 60.1.



- 29.4 The fact that race officials may conduct inspections of a board does not reduce the responsibilities of each competitor set out in the Rules.

30. Supplied Equipment (Intentionally Blank)

31. Official Vessels

- 31.1 Official Vessels will be identified at the briefing.

32. Support Person Vessels and Support Teams [DP] [NP]

- 32.1 Support Person Vessels are required to assist with the delivery of the event as directed by the Race Committee.
- 32.2 Support Person Vessels shall register with the Organising Authority with details of support boat (Colour and Size, Owner/Driver's Name, Name and Sail Number of supported competitor) and may be required to carry identifying flags
- 32.3 Except when requested by, or agreed with, the Race Committee, supporters shall not communicate with competitors afloat, tow competitors to or from the race area, or enter the race area.
- 32.4 When afloat, all persons on a support vessel shall wear a personal flotation device at all times. When the engine is running, the support vessel driver shall use a kill cord at all times.

33. Chartered or Loaned Equipment Does not apply.

34. Trash Disposal [NP]

- 34.1 As sailors, we seek to protect and restore our oceans and coastal waters. Trash may be placed aboard safety and race committee vessels. Boards shall not put litter in the water.

35. Berthing

- 35.1 [NP] [DP] Boards shall be kept in their assigned spaces in the boat park

36. Haul-out Restrictions Does not apply.

37. Data Protection

- 37.1 The personal information you provide to the organizing authority will be used to facilitate your participation in the event. If you have agreed to be bound by the Racing Rules of Sailing and the other rules that govern the event (the rules), the legal basis for processing that personal information is contract. If you are not bound by the rules, the legal basis for processing that personal information is legitimate interest. Your personal information will be stored and used in accordance with the organizing authority's privacy policy. When required by the rules, personal information may be shared with the RYA, your national authority and/or World Sailing. The results of the event and the outcome of any hearing or appeal may be published.

38. Risk Statement

- 38.1 Rule 3 of the Racing Rules of Sailing states: 'The responsibility for a board's decision to participate in a race or to continue racing is hers alone.'



Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their board to such inherent risk whilst taking part in the event;
- b) They are responsible for the safety of themselves, their crew, their board and their other property whether afloat or ashore;
- c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- d) Their board is in good order, equipped to sail in the event and they are fit to participate;
- e) The provision of a race management team, patrol boats and other officials and volunteers by the event organizer does not relieve them of their own responsibilities;
- f) The provision of a race management team, patrol boats and other officials and volunteers by the event organizer does not relieve them of their own responsibilities;
- g) It is their responsibility to familiarise themselves with any risks specific to this venue or this event drawn to their attention in any rules and information produced for the venue or event and to attend any safety briefing held for the event;

39. Insurance [DP] [NP]

- 39.1 Each participating board shall be insured with valid third-party liability insurance with a minimum cover of £3,000,000 (three million) per event or the equivalent.

40. RYA Racing Charter

- 40.1 Competitors should note that RYA Events implement the RYA Racing Charter and that they will be expected to sail in compliance with the Charter, which can be found at the front of the RYA rule book (RRS), or at <https://www.rya.org.uk/racing/rules/racing-charter>.

41. Prizes

- 41.1 Prizes will be awarded at the discretion of the organisers and will normally be awarded to: 1st, 2nd & 3rd male and 1st, 2nd & 3rd female.
- 41.2 The Eric Twiname Windsurfing Trophy will be awarded to the Region or Home Country with the best overall dinghy team
- 41.3 The best overall Region or Home Country team will be awarded the Eric Twiname Shield.
- 41.4 Prizes may be adjusted for classes with small fleets as follows, in each category, if 3 or less boats or Boards only 1st will be awarded, 4 Boats or Boards 1st and 2nd awarded and 5 or more Boats or Boards 1st 2nd and 3rd will be awarded.

42. Further Information

42.1 For further information please contact: admin@techno293.org.uk

Addendum A – Site Plan

Please see arrival information email

Addendum B – Racing Areas



Addendum C – Additional Identification

If provided by the Organising Authority, after the first day of racing (for each Class), the first, second and third boards in series ranking at the beginning of the day shall wear a yellow, blue or red bib respectively. The Organising Authority will supply instructions for their use. Bibs shall be collected from the Race Office by 09:30. Bibs shall be returned by the end of the protest time limit.

Addendum D – WhatsApp Information Group

